

# We are urgently looking for more foster carers from North Somerset.

"If you're thinking about fostering for your community, we'd love to have a conversation with you."

#### Get in touch:

clare.mccarthy@n-somerset.gov.uk 01934 426 614



# North Somerset Council Executive announcement

On Thursday 2 May residents in North Somerset voted for change and a different type of politics. We responded to that by creating a partnership of community-minded councillors to form an administration representing a range of political opinions, but, more importantly, you as residents. This administration has now started its work, made up of Independent, Liberal Democrat, Labour and Green councillors.

Most of us are new to the running of the council and, in many cases, to being councillors. There is much enthusiasm and energy to do things differently, to be more open and transparent. We are looking at how to change the way the council works, so that decision-making is more inclusive. We want to change how we communicate with residents, so that your voices are heard and heard much earlier in creating policies. We want a real focus on how we can address the dreadful inequalities in what is the third most unequal authority area in the country - not just in wealth, housing and skills, but in health and healthy life expectancy too. We shall work to engage better with town and parish councils and volunteer organisations, to attempt to facilitate work they want to undertake and are willing to fund. Most fundamentally of all, our policies and how

we run the council must be different to address the climate emergency we face, with flooding and extremes of weather and poor air quality being only a small part of that overall challenge.

We want to look forward, not backwards, but we must recognise that we also inherit policies from the previous administration, most decided without addressing those points above, some of which we can change and some of which we cannot. The biggest challenge is the pressure on council finances as government support continues to fall and demand for services grows.

The previous regime seemed to delight in knowing the price of everything and the value of nothing. They boasted about keeping council tax rates artificially low, but then cut services and used unfair charges for things like car parking and other services to attempt to make up the gap. This short-term smoke and mirrors approach has been exacerbated by a central government completely unwilling to tackle the biggest funding issues we face in adult and children's social care, which takes nearly three-quarters of our budget. We shall be soon faced therefore with some very unpalatable choices in attempting to save a further £27m over the next four years.

We shall be looking at those budgets over the next few months and then we shall share our ideas with you, as difficult as some will inevitably be, as we must set a balanced budget. We shall also be lobbying our two constituency MPs for their support in addressing our lack of fair funding and going to London to see the relevant government departments. We shall be asking for your help in this campaign to get a fair share of our own tax payments back!

Thank you for your support in May and let us work together to make North Somerset

#### The Executive

Cllr Don Davies (Independent)

Cllr Mike Bell (Liberal Democrat) Deputy Leader

Cllr Mark Canniford (Liberal Democrat)

Cllr Ashley Cartman (Liberal Democrat)

Cllr Caritas Charles (Independent)

Cllr Catherine Gibbons (Labour)

Cllr Bridget Petty (Green)

Cllr James Tonkin (Independent)

Read more about your new council from page 28

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Cover: Acrojou's The Wheel House, a show supported by Without Walls. Photo courtesy of Steve Edwin Photography. See page 18

North Somerset Council does not endorse or recommend any commercial products or services advertising in Life magazine.

This publication is available in large print, Braille or audio formats on request. Help is also available for people who require council information in languages other than English.

# Befriending volunteers needed in North Somerset

# North Somerse

Volunteers are needed across North Somerset to become befrienders to people with dementia.

The Alzheimer's Society is looking for local residents – particularly in Clevedon, Nailsea and Backwell – who could visit someone with dementia and help them keep doing the things they enjoy.

Rebecca Budd, a 24-year-old from Weston-super-Mare, is a befriending volunteer for 74-year-old Marjorie Malik.

Rebecca signed up as a volunteer because she wanted to help someone and recognised that the Alzheimer's Society's befriending service would have benefited her grandmother, who had dementia. The pair see each other once a fortnight and spend days chatting at home or visiting shops or garden centres.

Rebecca said: "I love it. It's like having my nan back.

"I've heard so many interesting stories about Marjorie's past; I feel I really know her."

Marjorie, who was diagnosed with Alzheimer's in 2016, said: "I've always been interested in people and I love hearing about Becca's adventures, as it gives me a break from socialising with older people.

"She makes me feel young again. My world has opened up."

Volunteering can help you gain skills, develop new friendships and even enhance job prospects.



To find out more or sign up contact Alzheimer's Society's befriending manager Anne Shermon on **07525 404 275** or email **anne.shermon@alzheimers.org.uk** 



## North Somerset Council under new control

The political make-up of North Somerset was shaken up in May when the local elections brought in many new councillors. Discover this new make-up, who your local councillors are and how to get in touch with them from page 28.

# Green business grants for North Somerset companies

Small and medium-sized businesses in North Somerset could get financial help to be more energy efficient thanks to a new grant.

Grants of between £1,000 and £15,000 are available to businesses in North Somerset, Bath and North East Somerset, Bristol and South Gloucestershire, thanks to the West of England Combined Authority's Green Business Grant.

The money could be used for:

- improving the energy efficiency of buildings (insulation, heating or lighting), or
- improving business operations, such as more efficient production or refrigeration equipment.

The cashback grant pays for 40 per cent of eligible costs once the project is complete.

A free energy survey is available to help you decide what needs to be done.

The Green Business
Grant, funded through
the European Regional
Development Fund, is only
available until October.

To apply visit www.westofengland-ca.gov.uk/green-business-grants or call 0117 332 1520.

# Are you fostering privately?

Private foster carers are being reminded they need to inform North Somerset Council about their living arrangements.

Private fostering is an informal arrangement when a child under 16 (or 18 if disabled) stays with someone who is not a close relative for more than 28 continuous days.

A close relative is a step-parent, grandparent, brother, sister, uncle or aunt, whether of full blood, half blood or marriage.

Examples of private fostering might include:

- a teenager living with the family of a boyfriend or airlfriend
- children living with a friend's family as a result of parental separation, divorce or arguments at home
- children sent to this country for education or health reasons by parents who live abroad.

Anyone who is privately fostering, or aware of a private fostering arrangement, can contact North Somerset Council on 01275 888 808 or cyps.careconnect@n-somerset.gov.uk



#### Contacts

#### Call us

For all council services, call 01934 888 888 (Mon-Fri, 9am-5pm)

Direct numbers for other popular services:

For waste and recycling, road issues, planning and building control:

01934 888 802 (Mon-Fri, 9am-5pm) For council tax and benefits:

01934 888 144 (Mon-Fri, 9am-5pm)

For social services:

01275 888 801

(Mon-Fri, 8am-6pm)

Do it online - report it, request it or pay for it at: www.n-somerset.gov.uk/connect

Or go straight to these popular web pages by adding these shortcuts: www.n-somerset.gov.uk/myaccount /planning /schooladmissions /wastecollections /termdates

#### ADVFRTISFMFNT



If you are a landlord, please contact us to discuss the assistance we may be able to give.

North Somerset Council lettings team: lettingsteam@n-somerset.gov.uk 01934 426 483



# Be proud to foster at Weston Pride

Foster carers can come from all walks of life to reflect the whole community.

This month, Fostering North Somerset is joining the celebrations at Weston-super-Mare Pride, in Grove Park, on Saturday 27 and 28 July to encourage people from the LGBT+ community to consider becoming foster carers.

There is currently a shortage of foster carers in North Somerset, meaning that local children sometimes have to be placed in private foster care placements outside the area and away from their familiar sources of support.

More information sessions will be held in North Somerset this summer for everyone to find out more:

#### Friday 30 August -

6.30-8.30pm, Costa Coffee, Crown Glass Shopping Centre, Nailsea

# **Thursday 5 September** – 6.30-8.30pm, Costa Coffee, Oxford Street, Weston-super-Mare.



Find out more about fostering at www.n-somerset.gov.uk/fostering, email fostering@n-somerset.gov.uk or call 01275 888 999.





St Monica Trust

Enjoy a full and active retirement at **Sandford Station Retirement Village** in North Somerset

www.stmonicatrust.org.uk/villages/sandford-station

To find out more or book a place on an open day call **0117 919 4262**. Or visit our show home open every Thursday 10am-12noon.

# Award for walking groups



Inspirational volunteers who have helped thousands of people enjoy North Somerset's scenery have won a national award.

North Somerset Council's Health Walks scheme recently won an Inspiration award at the Ramblers Volunteer Awards 2019, recognising the enthusiasm of dedicated volunteers.

Health walks launched 11 years ago and since then more than 6,000 people have enjoyed walks around the area

Walks last between 30 and 90 minutes and are the ideal first step for anyone wanting to become active or for people with health conditions.

Six groups operate in North Somerset covering Clevedon, Long Ashton, Nailsea, Portishead, Weston-super-Mare, Worle, Winscombe and Yatton.

Suitable clothing and footwear for all weather conditions is needed and unfortunately dogs are not allowed.

Find out more about health walks at www.n-somerset.gov.uk/healthwalks, email the council's sports and active lifestyles team on go4life@n-somerset.gov.uk or call 01275 882 731.



#### Still time to join the travel challenge

Could you walk, cycle, use public transport or car-share to do your daily commute?

There is still time to join this year's Travelwest Challenge and be in with the chance of winning free tickets to local tourist attractions.

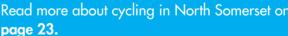
The annual challenge aims to ease traffic congestion by encouraging people in the West of England to get active and take more sustainable journeys to work.

It also celebrates the positive impact it can have on the environment, local communities and physical and mental wellbeing.

The challenge runs until Sunday 21 July. Download the free BetterPoints app and record your sustainable journeys.

There is a weekly prize draw, with tickets available to win for Mendip Outdoor Pursuits, Tyntesfield and Noah's Ark Zoo Farm.

Download the BetterPoints app on your phone through the Apple App Store or Google Play. For more information visit www.travelwest.info/challenge





# Major award for Italian Gardens

A major industrial award has been given to North Somerset Council for the exceptional work on the Italian Gardens in Weston-super-Mare.

The Street Design Awards, organised by Local Government News, recognise innovation and best practice in street design schemes across the UK.

North Somerset Council was the overall winner of the Pedestrian Environment category for the Italian Gardens.

The area was redesigned in 2017 thanks to a £2.48m grant by the West of England Local Enterprise Partnership, through the Local Growth Fund.

As Life went to print, the Italian Gardens was announced on a shortlist of projects in the running for a Pineapple award. Westonsuper-Mare is competing against three London projects and the results will be announced on 9 July.

# Ask any question

Librarians in North Somerset are on-hand to answer any conundrums posed by local residents.

North Somerset Library Enquiry Centre has seen a 45 per cent increase in the number of questions posed in the last 10 years, despite the presence of Google.

The centre helps people find answers to all kinds of business, leisure and study queries.

Recent question included, 'where can I get copies of my school exam certificates from the 1970s?', 'can I have a list of meeting rooms to hire in Worle?', 'what are France's current overseas territories?

Community librarian Sarah Bowen said: "We have a large range of resources to hand and a wealth of expertise to handle even the more demanding enquiries.

"We try to provide an immediate answer whenever possible but will get back to you if more indepth research is required."



North Somerset Library Enquiry Centre is available 10am to 4pm, Monday to Friday. Email answers@n-somerset.gov.uk or call 01934 888 855 or 07919 540 839.





Care and the individual are at the very heart of each of our services, where wellness, happiness and kindness are the core values embellished by our staff each day.

#### **Petersfield**

Church Road South, Portishead BS20 6PU

Residential

#### Sycamore Lodge

Lodge Lane, Nailsea BS48 1LX

- Dementia Residential Older Person Nursing
- Dementia Nursing
- Day Care



We are currently looking for caring individuals to join the Shaw Family to help them deliver the type of care that you would want for your own loved ones.

#### We are currently recruiting for:

- Support Workers
   Nurses
- Domestics Cooks
- Residential Team Leader

\*Free transport to Sycamore Lodge

Call us today to find out more about our services:

**Home Enquiries** 0800 902 0092 Recruitment 029 2036 5072 recruitment@shaw.co.uk



www.shaw.co.uk



**f** shawhealthcare



@shawhealthcare

# Photographic exhibition to fill cinema foyer



Iconic images of Weston-super-Mare will soon be filling a cinema's foyer to celebrate the wealth of creativity in the area and its stunning landscapes.

Shifting Horizons photographic exhibition opens at Dolphin Square's Cineworld on Thursday 11 July.

It is a collaboration between arts organisation Theatre Orchard, Weston-based photographer Paul Blakemore, and a range of artists who have been drawn to Weston to live or work

It features vivid portraits of local artists including theatre companies, circus performers, writers and musicians.

To celebrate the launch, street artist Dizzy O'Dare will give a free giant balloon show outside the cinema from 6.30pm on Thursday 11 July.

www.theatreorchard.org.uk www.paulblakemore.co.uk





Thursday 19th Dec

Saturday 21st Dec

Saturday 4th Jan

Saturday 11th Jan

Friday 20th Dec

# **FESTIVE PARTY NIGHTS**

at DoubleTree Bristol. Cadbury House

#### DYSFUNCTIONAL **BAND & DISCO** Friday 22<sup>nd</sup> Nov 27.95

29.95

35.95

39.95

24.95

24 .95

Saturday 23rd Nov 27.95 Friday 6th Dec 45.95 Thursday 28th Nov 27.95 Saturday 7th Dec 49.95 Friday 29th Nov 29.95

Saturday 30th Nov 29.95 FREEZE BAND & Thursday 5<sup>th</sup> Dec 29.95 DISCO Thursday 12th Dec 29.95

> Friday 13th Dec 45.95 Saturday 14th Dec 49.95

PRICE PER PERSON

#### Bar opens from 6.30 and finishes at 1am

Parties listed include a delicious three course festive meal and all the trimmings, disco and band (on selected dates)

CHRISTMAS @ CADBURYHOUSE.COM

WWW.CADBURYHOTELBRISTOL.CO.UK

# **SUMMER HEALTH**

**Record-breaking temperatures** hit the UK last year so it's worth remembering some sun protection tips for when the weather heats up.

Melanoma skin cancer is the fifth most common cancer in the UK and you can still burn on a cloudy day as you can't feel the ultraviolet rays. So cover up and enjoy the sun safely by following these simple steps:



take extra care if you have paler skin, moles, are only exposed to intense sun occasionally, or have a family history of skin cancer

check sunscreen isn't past its expiry date most last two to three years. Use at least factor 15 sunscreen with at least four-star



take extra care with children and babies as their skin is more sensitive, especially the very young. Babies under six months shouldn't be in direct sunlight



Stay safe in the sun apply enough sunscreen - about two teaspoons for an adult's head, arms and neck, or two tablespoons for your entire body.



if you're going to be in the sun long enough to burn, 30 minutes before going out and again just before you go out





spend time in the shade, especially between 11am and 3pm



reapply sunscreen liberally and often, including after being in the water even if using 'water resistant' ones





Watch out for changes to your skin, including a new mole, growth or lump, or any moles, freckles or patches of skin that change in size,

shape or colour. Report these to your doctor as soon as possible. Skin cancer is much easier to treat when found early.

Find out more at www.nhs.uk/sun





See North Somerset through the eyes of a tourist this summer and enjoy everything it has to offer.

This Summer Special edition of Life celebrates the local area and all the things to do in it - whether you want to head to the beach or countryside, enjoy a tranquil woodland walk, or are looking for a fun-filled family adventure.

Lots of events are also taking place to cater for all tastes, from flower shows and food festivals to sports and theatre shows.

North Somerset welcomes nearly eight million day trippers a year but we can't let them have all the fun.

Carry on reading to find out more...

#### Page

- 12 map of local attractions
- 14 general events
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Disclaimer: All information correct at time of going to print (June 2019). While every effort is made to ensure accuracy, North Somerset Council cannot accept responsibility or liability for any errors which have occurred. North Somerset Council cannot recommend or endorse any of the providers listed. It is recommended that you always check with the relevant organisation first to ensure their service meets your requirements.



You can also catch up with the latest events on social media:

- **f** TropicanaWeston
- WestonSeafront
- WestonSeafront
- **f** TimeOutInNorthSomerset
- ▼ TimeoutNS

#### Or visit:

www.visit-westonsupermare.com www.mybathbristol.co.uk www.visitsomerset.co.uk



# SUMMER **ATTRACTIONS MAP 39**

- **Court Farm Country Park** www.courtfarmcountrypark. co.uk
- **Puxton Park** www.puxton.co.uk
- **6** Strawberry Line www.strawberrylinecafe.co.uk www.strawberryline.org.uk
- **Mendip Snowsports Centre** www.mendipsnowsport.co.uk
- **Goblin Combe** www.goblincombe.org.uk

- 9 Barley Wood Walled Garden www.walledgarden.co.uk
- 10 Burrington Combe www.walkscene.co.uk/ description 13
- 11 Ashton Court www.bristol.gov.uk/ ashtoncourtestate
- 12 Clifton Suspension Bridge **Visitor Centre** www.cliftonbridge.org.uk

- 13 Leigh Woods www.nationaltrust.org.uk/ leigh-woods
- 14 Tyntesfield Estate (National Trust) www.nationaltrust.org.uk/ tyntesfield
- 15 Noah's Ark Zoo Farm www.noahsarkzoofarm.co.uk
- **16** Oakham Treasures www.oakhamtreasures.co.uk
- 17 Portishead Quays Marina and Arts Trail www.visitportishead.net/

# SUMMER **EVENTS**

# July

#### Now until end of Sept

#### Sand Sculpture Festival

10am-6pm daily, Weston beach. Adults £4, children aged 15 and under £3, under 3s free, family ticket (two adults, two children) £10. This year's theme is What If...? www.westonsandsculpture.co.uk

#### Wednesday 3 - Sunday 7

Circus Funtasia 5pm weekdays, 2pm Saturday, noon Sunday, Salthouse Fields, Clevedon. Tickets from www.circusfuntasia.co.uk

Also, adults-only Cirque du Vulgar on Saturday night. See www.cirquevulgar.com

#### **Thursday 4**

Living Quiz by Living Spit 7pm, Tropicana, Marine Parade, Westonsuper-Mare.

www.tropicanaweston.co.uk

#### Saturday 6

#### Nailsea Carnival and Fayre

**Procession** starts from Clevedon Road car park at 1pm and finishes at Millennium Park for the fayre. www.1stnailseascoutgroup.co.uk

#### Sunday 7

#### **Clevedon Sunday Market**

(and first Sunday of the month until Dec) 10am-2pm, between the seafront, Hill Road and Alexandra

www.theclevedonsundaymarket.co.uk

#### **RNLI Open Day**

11am-3pm, Knightstone Island, Weston-super-Mare. Visit the lifeboat station, talk to crew, view boats, enjoy music and face painting. www.rnli.org

#### Saturday 13 - Sunday 14

#### **Woodspring Wings Show**

10am-5pm, Woodspring Wings Airfield, Claverham Drove, Yatton. Model air show. £10, under 16s free. www.woodspringshow.co.uk

#### Sunday 14

#### It's a Hospice Knockout!

noon, Weston Cricket Club, Devonshire Road. In aid of Weston Hospicecare. £100 per team (6-10 people). Minimum age 17. Spectators welcome, with refreshments available and face painting. www.westonhospicecare.org.uk/ knockout

#### North Somerset Model Show

10am-5.30pm, Helicopter Museum, Locking, Weston-super-Mare. Model workshops, open cockpits, charity stalls, trade stands. Adults £7.40, children £4.50, family ticket £20. www.helicoptermuseum.co.uk

#### Saturday 27

Yatton and District Horticultural Society Summer Show 2-4.30pm, Yatton Village Hall. www.yattonhorticulturalsociety.co.uk

#### Saturday 27 and Sunday 28

Weston Pride from noon, Grove Park, Weston-super-Mare. Two stages with music, comedy, cabaret, as well as arts, entertainment, a family zone, market stalls and more. Also, an after-party with DJs at the Winter Gardens on Saturday 27. Adult tickets from £5 (child tickets £3) from www.wsmpride.com

#### **Portishead Summer Show**

Flower Show Field, Portishead A relaunch of the oldest community event in town, the flower show and country fair. Includes country sports, flowers, refreshments, music and entertainment. Free parking on Gordano Sports Field. Tickets £5 online in advance from www.portisheadsummershow.com or £6 on the gate (£9 for a two-day ticket). Under 16s free.

#### Saturday 20

## Festival of Archaeology

10.30am-3.30pm, Weston Museum, Burlington Street, Weston-super-Mare.

Find out more about the rich archaeology of North Somerset, speak to local interest groups, explore some historic maps of the area, discover archaeological finds, and drop-in children's activities. Part of the Council for British Archaeology's Festival of Archaeology.

www.westonmuseum.org





## August

#### Thursday 1 - Sunday 4

Weston Dairy Festival 10am-5pm,

Beach Lawns, Weston-super-Mare. Animal shows, petting zoo, craft fair, food market. live music and more. £2 entry. www.dairyfestival.co.uk

#### Saturday 3

#### Nailsea and District Horticultural **Society Summer Show**

Nailsea School, Mizzymead Road. Flowers, vegetables, cookery, handicrafts and more. www.nailseahorticulturalsociety. co.uk

#### Thursday 8 - Sunday 11

#### **Bristol International Balloon Fiesta** Ashton Court.

Hot air balloons, trade stands, fairground rides and entertainment. Free entry but parking must be booked in advance (from £10). www.bristolballoonfiesta.co.uk

#### Saturday 10

#### Weston-super-Mare Horticultural Society Annual Flower Show

www.wsmhorticultural.org.uk

#### Saturday 17

#### **Tickenham Flower Show**

12.30pm, village field and hall. Marquee, hog roast, music, craft stalls, refreshments. Free park and ride from Tickenham Golf Club. Entry £3.50 (free for accompanied children and patrons).

#### Friday 23 - Thursday 12 September

**Annual Art Exhibition** by Lynne Castell's Art Groups. 10.30am-4.30pm, Old Town Quarry, Weston-super-Mare (closed Mon and Tues)

#### Saturday 24 and Sunday 25

#### **Clevedon Flower Show** 150th anniversary year.

www.clevedonflowershow.com

#### Sunday 25 and Monday 26

#### Stars of Time Film and Comic Con

10am-5.30pm, Tropicana, Weston-super-Mare. Adults £7.50, under 12s £4, under 4s free. www.starsoftime.co.uk

## September

#### Saturday 7

#### Friends of the Playhouse Open Day

11am-3pm, Playhouse Theatre, High Street, Weston-super-Mare. Free guided tours going behindthe-scenes. Organised by the Friends of the Playhouse. Become a member for £10 a year.







# Summer fun for children and young people

July

Saturday 6 - Sunday 7

#### **Uphill Family Fun Weekend**

Return of the popular community event. For details visit www.uphillvillagesociety.org.uk

Sunday 7 (and Fri 26 July, Mon 12 Aug, Tues 13 Aug, Weds 28 Aug, Thurs 29 Aug)

Slime workshops 10am-4pm, Weston Museum, Burlington Street. Sessions at 10am, 11.30am, 1.30pm and 3pm. £5.

Book in advance at www.westonmuseum.org

#### Wednesday 17 and Thursday 18

TYNTEtots: Jack and the Beanstalk 10am and 1pm, Tyntesfield, Wraxall.

Storytelling, crafts and games for two to five-year-olds. £8 for one child, £14 for two, £21 for three. Book in advance on 03442 491 895.

www.nationaltrust.org.uk/tyntesfield

## August

#### Wednesday 7 and Thursday 8

#### **TYNTEfest 2019: Beatrix Potter**

10.30am and 1.30pm, Tyntesfield, Wraxall. A day for two to five-year-olds to celebrate national play day, inspired by the tales of Beatrix Potter. www.nationaltrust.org.uk/tyntesfield

#### Tuesday 13 - Thursday 15

David Walliams Summer School - make a play in three days at Pill Community Centre. For six to 11-year-olds. Three days of theatre making with a performance to family and friends at the end of the third day. £65. Contact liz@thestorycellar.co.uk or 01275 373 232.

# Have an out-of-this-world adventure



Children in North Somerset can go on an out-of-thisworld adventure this summer to celebrate the 50th anniversary of the first moon landing.

The popular Summer Reading Challenge is back in libraries from Saturday 13 July and this year's Space Chase theme will see children joining the Rockets space family for a thrilling mission to track down books nabbed by mischievous

The free challenge is open to children aged four to 11 to help them maintain reading motivation during the school holidays.

They can sign-up at their local library, receive a fold-out collector's card, then collect stickers as they read any six books over three further library visits.

Those who complete the challenge by Saturday 7 September will receive a certificate and medal.

Research shows that children who take part return to school as more fluent, confident and happy readers.

Your local library will have staff and volunteers on hand to help children choose books they'll enjoy.

Events will be held in libraries throughout the summer to celebrate the challenge.

Visit www.n-somerset.gov.uk/events www.summerreadingchallenge.org.uk

# SUMMER FOOD AND DRINK FESTIVALS **19**



## July

#### Friday 5 - Saturday 6

#### **Lions Claverham Beer Festival**

7.30pm for evening sessions (advance tickets required), free entry from 12.30pm on Saturday. www.claverham-beer-festival.btck. co uk

#### Friday 12 - Sunday 14

#### Nailsea and Backwell Beer and Cider Festival 15th anniversary

6-11pm Friday, noon-11pm Saturday, noon-8pm Sunday. Music, food, and gin and Pimm's marquees. Advance tickets £10 inc two free drinks. On the day tickets £5 and £5 for a glass. Under 18s free

www.nailseabeerandciderfestival. co.uk

#### Saturday 13

Brews, Blues and Barbecues noon-6pm, Epic Beers, The Brewery, West Hewish, Weston-super-Mare. Beer, Pimm's, gins and prosecco, BBQ, children's entertainment.

£9 per adult, inc a free pint (children go free). www.pitchforkales.com

#### Friday 26 - Sunday 28

#### Street Food Festival

noon-10pm, Italian Gardens, Weston-super-Mare.

Street Food Warehouse is bringing 15 local and national street food vendors and a fully-stocked bar to the town

www.streetfoodwarehouse.co.uk

#### Lions Club Real Ale and Cider

Festival Beach Lawns, Westonsuper-Mare. From 11am. Now in its 12th year, and has raised more than £300,000 for local charities. www.westonlionsrealalefestival. org.uk



## August



#### Sunday 4

Vegan Fair 10am-4pm, Tropicana, Weston-super-Mare.

Try some free food samples and learn more about the vegan lifestyle. £2 on the door (under 14s free when accompanied by a paying adult).

www.veganfairs.co.uk

#### Saturday 10

eat:Portishead 10am-5pm. Free outdoor food and drink festival around the marina. including demos with local chefs. www.eatfestivals.org



# SUMMER **STAGE AND SCREEN**



# to wow crowds Stunning outdoor theatre shows and wacky entertainment will come to Weston-super-Mare this month during a free family festival.

The Whirligig Festival of Outdoor Arts, presented by North Somerset arts organisation Theatre Orchard. comes to the Italian Gardens in Weston-super-Mare on

Saturday 13 July.

The free spectacular runs from noon to 6pm and features an eclectic mix of stunning, outdoor entertainment to make you whirl and twirl.

From crowd-pulling international shows, to wacky walkabout acts, dancing in the streets and circus workshops, there will be a host of fun activity.

Highlights include Gandini Juggling's 8 Songs, a juggling act choreographed to rock 'n' roll songs; Ockham's Razor's Belly of the Whale, where performers ride a giant semi-circular see-saw; Max Calef Sevé's dip, a stunning trampoline show; Acrojou's The Wheel House, a travelling wheel; and Dizzy O'Dare's Baba Yaga's House, a roaming cottage built on chicken legs.

These shows are supported by Without Walls, England's biggest network of outdoor arts festivals.

Theatre Orchard is one of just two organisations in the South West to be a member of the Without Walls Touring Network Partnership.

Free outdoor

arts festival

For the full line-up and details visit www.theatreorchard.org.uk



# More entertainment on the stage and screen...

July

Friday 12

Cinema in Long Ashton - Some **Like it Hot** 7.15pm, Long Ashton Community Hall. £5 a ticket from www.LA-cinema.uk

#### Wednesday 17

**Aftermirth** – a daytime comedy club for parents 11am, The Blakehay Theatre, Wadham Street, Westonsuper-Mare. Three top circuit comedians will deliver their usual club routines - so will be adultthemed material - but it's taking

place during the day so you can bring your baby along (if 18 months or younger). Limited space so bring a sling if possible. Tickets £8 from www.blakehaytheatre.co.uk

#### Saturday 20

#### **Grease Sing-along and Party Night**

7.30pm, Winter Gardens Weston-super-Mare.

Reaper Events presents the singalong version of Grease, followed by a disco. General admission £7.50, with VIP options of booking a table with a platter of American food. Over 14s only. www.thereaperbar.com

#### Wednesday 24 – Saturday 27

#### Weston Oppitts presents Barnum

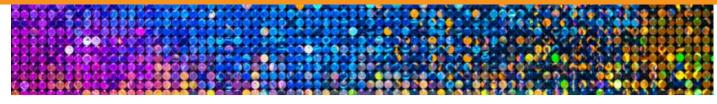
7.30pm (with Sat matinee at 2.30pm), Blakehay Theatre, Weston-super-Mare. Musical charting the rise to fame of circus star PT Barnum.

www.blakehaytheatre.co.uk

## August

Saturday 17

Cinema in Long Ashton -Mary Poppins 5.30pm, Long Ashton Community Hall. Child's ticket £2.50, adults £5. www.LA-cinema.uk



# July

#### Friday 5 (and Fri 2 Aug and Fri 6 Sept)

That Friday Thing - 70s, 80s, 90s disco 8pm-1am, Winter Gardens, Weston-super-Mare.

£5 in advance, £10 on the door. www.westonwintergardens.co.uk

#### Saturday 6

Jazz in the Paddock with the Big R Big Band 7pm, Church Paddock, Winscombe Hill.

Organised by the Friends of St James Church. Bring a picnic and chairs. Adults £10, children £5. 01934 843 617

**Congresbury Singers Summer** Concert 7.30pm, Old School Rooms, Congrebury. £8 from Congresbury Post Office or on the door

#### Saturday 13

#### **Summer lunchtime concerts**

noon, All Saints Church, All Saints Road, Weston (and 27 July, 7 and 21 Sept) £10 on door inc lunch.

Nailsea Concert Orchestra presents its second New World Series concert 7.30pm, Nailsea Methodist Church. Featuring Gershwin's iconic Rhapsody in Blue, Albinoni's Adagio for Strings, and Warlock's Carpriol Suite. Tickets £12 (concessions £10, under 18s/students £2.50) from Nailsea Music Shop or on the door. In support of the Strawberry Line to Clevedon Group.

#### Friday 26 - Sunday 28

#### Arts, Drama and Music Festival

in Wick St Lawrence Wick Village Hall, Wick Road. Saturday will feature drama, poetry, comedy, music and art; Sunday will be drama and music. There will also be theatre in the garden at Icelton Farm. Acts include local drama and operatic groups, as well as actors from London on their Edinburgh Fringe warm up. For tickets (the art exhibition is free but there is a charge for the dramas) and information contact samatwick@aol.com or 01934 515 811.

## Free concerts in Grove Park

Enjoy free concerts in Weston-super-Mare's Gove Park throughout the

The concerts, sponsored by Grove Park Café, start at 2.30pm.

#### July

- Sunday 7 Worlewind Band
- Sunday 14 Bath Spa Band
- Sunday 21 Weston Brass

#### August

- Sunday 4 Worlewind Band
- Sunday 11 Bath Spa Band
- Sunday 18 Des Henly's Singers and Strummers
- Sunday 25 -Bristol Male Voice Choir
- Monday 26 -Serenade Big Band

#### September

- Sunday 1 Serenade Big Band
- Sunday 8 Worle Choir





## August

#### Saturday 31

The South West Rockabilly Rebellion

noon-midnight, Winter Gardens, Weston-super-Mare.

Live music, dancing, DJs, music stalls and more. £20 on the door. www.westonwintergardens.co.uk



# SUMMER **MUSIC - REGULARS**

#### **Mondays**

Portishead in Harmony (E) (women only) 10.30am-12pm, The Folk Hall, Portishead High Street. £5 per session. www.wendysergeant.com, 01275 814 220

Mixed Company Community Choir (E) 1pm and 7.30pm, Southfield Church, Nailsea. £6 per session with free taster. 01275 277 455

Clevedon A Cappella (E) (women only) 2-3.30pm, Kenn Road Methodist Church. £5 per session. www.wendysergeant.com, 01275 814 220

Afternoon singing group

(fortnightly) 2-4pm, St Jude's Hall, St Peter's Church, Baytree Road, Worle, 01934 413 571

Clevedon Choral Society (E) 7.15pm, Methodist Church Hall, Kenn Road, Clevedon. www.clevedonchoralsociety.org.

Rock Choir Weston-super-Mare (E, term time only) 7.45pm, Vintage Church, Hughenden Road. www.rockchoir.com xander-jaymes.lepetit@rockchoir.

Clevedon Light Opera Club (E) 7.30pm (Juniors Thu 7pm) Princes Hall, Clevedon Community Centre, 01275 791 556



Vocalise Choir (E) 7.30-9.30pm, United Reform Church, Waterloo Street, Weston, £5 inc refreshments, 01934 627 709. www.vocaliseann.co.uk

Clevedon Players (and Wed, Fri)(leading up to a play) 7.30-10pm, the Stables, behind Princes Hall, Princes Road. Clevedon. 01275 853 975

Costanzi Consort (E)

7.45pm, All Saints Church, Weston-super-Mare. Auditioned chamber choir directed by Peter

www.costanziconsort.org.uk

RAFA Concert Band (E) 8pm, Victoria Methodist Church Hall. Station Road, Weston-super-Mare. www.rafaconcertband.org.uk 01934 820 205

Footlights Community Choir 8-9.30pm, Community Hall, Trinity School, Portishead. No experience necessary.

#### **Tuesdays**

Cadbury Wind Band (E)(term time only) 7.15-9.15pm, Yatton Rugby Football Club. 01275 792 300

Lyrical Ladies Choir (E) 7.20-8.20pm, Nailsea School. £4 per session. 07722 298 550, gillatkinson 15@blueyonder.co.uk

Waves of Harmony (E) 7.30pm, Weston Rugby Football Club, Sunnyside Road, Weston-super-Mare. Women's 4-part acapella group. New members very welcome. 01934 642 806 or www.wavesofharmony.co.uk



Cheddar Male Choir (E) 7.30pm, Draycott Village Hall. New members welcome. www.cheddarmvchoir.co.uk

Winscombe Community Singers (E) 7.30pm, Winscombe Community Centre, Sandford Road. www.facebook.com/ winscombecommunitysingers

Campus Choir (E) 7.30-9pm, The Campus, Locking Castle, Weston-super-Mare. 01934 832 283. www.singoutlouduk.com

Weston Choral Society (E) (term time only) 7.30pm, Milton Methodist Church Hall, Milton Hill, Weston-super-Mare. 01934 813 255

Clevedon Music Club (3) 7.30pm, Community Centre, Princes Road. Classical concerts by professional musicians. £8 per concert on the door. 01275 879 099

Nailsea Choral Society (E) 7.30pm, Vestry Hall, Christ Church, Nailsea. 01275 875 533 www.nailseachoral.ora.uk Trinity Singers (E) 7.30pm, Churchill Primary School, Pudding Pie Lane, Langford.

www.trinitysingers.co.uk

01934 415 301



Tra La Community Choir (A) 7.30pm, Club Room, Community Centre, Long Ashton. 07932 623 672

Portishead Town Band (E) 7.45pm, Methodist Church Hall, High Street. New players welcome. 07816 544 474, 01275 818 575

Pill Community Choir (E) 7.45-9.15pm, Pill Community Centre. £5 per session or £4 if paying for a term. Free taster session.

www.wendysergeant.com, 01275 814 220

Congresbury Singers (E) 7.50pm, Old School Rooms, Congresbury. 01934 876 104

Samba Drumming (E) 8-10pm, All Saint's Church Hall, All Saint's Lane, Clevedon. Beginners welcome, £6 with free taster session. 01275 545 714

Weston Brass Band (E)(and Thu) 8pm, Church Road Methodist Church, Upper Church Road, Weston-super-Mare. 01934 824 461

Nailsea Folk Club (2) 8pm, Grove Sports Centre, Nailsea. All performers and audience welcome £1. www.nailseafolkclub.co.uk

#### Wednesdays

North Somerset Good Afternoon Choir (E, term time) 1-3pm, Nailsea Methodist Church. www.goodafternoonchoir.org.uk 01761 472 468

Clevedon Ladies Choir (E) (September-June) 2.15-3.30pm, St Peter's Church Hall, Alexandra Road. £35 per year. 01275 873 642 or 07948 689 795. clevedonladieschoir@gmail.com

Highly Strung Community Band (E) 6.30-9.30pm. Folk/country music. www. highlystrungcommunityband. co.uk 01275 847 909

Weston Music Appreciation Society (A) 7.30pm, St Jude's Hall, Baytree Road. 01934 814 752

Somerset Singers (E) 7.30pm, Meeting House, Sidcot School, Sidcot. 01934 743 965

Yatton Ladies Choir (E) 7.30-8.30pm, Yatton Infants School. £4 per session. 07722 298 550, gillatkinson 15@ blueyonder.co.uk

Harmony Plus Choir (E) 7.45-9pm, Emmanuel Church, Weston, 01934 629 112

Rock Choir Clevedon

(E - term time only) 7.45pm, Christchurch Clevedon, Chapel Hill, Clevedon. www.rockchoir.com xander-jaymes.lepetit@rockchoir.com



Footlights Community Choir 7.45-9.15pm, Community Entrance, Nailsea School, Mizzymead Road. No experience necessary. 07818 065 015 footlightsperformance@gmail.com

Portishead Community Choir (E) 8-9.30pm, Avon Way Hall, Portishead. £5 per session or £4 if paying for a term. Free taster session. www.wendysergeant.com, 01275 814 220

#### **Thursdays**

Music Is Fun (E)(babies, toddlers and pre-schoolers) Methodist Church, Nailsea. 30 min session £3, 40 min session £3.40. 07722 298 550, gillatkinson 15@blueyonder.co.uk



#### Saturday 6

#### **Clevedon Swim Run**

Enjoy multiple swimming and running laps along Clevedon's historic seafront. Swim 1.2km in your running gear and run 5.5km in your swimming gear - no changing in-between. £15 per person. www. clevedonmarinelake.co.uk/whats-on



Sunday 7

Portishead Raft Race 11.30-5pm, Lake Grounds, Portishead. Watch rafters compete against each other on the lake and listen to live music on the green. With village fete stalls, music and a fun fair. In aid of local charities. www.portisheadraftrace.co.uk

#### Sunday 14

#### **Great Weston Ride**

A 57-mile challenge bike ride from Bristol to Weston-super-Mare, through the Mendips and across the Somerset Levels. www.greatwestonride.com

**Portishead Soapbox Race Practice** runs from 10am and timed runs from noon, Esplanade Road, Portishead. A 450m downhill course. Including a fun fair, big screen and refreshments. www.portisheadsoapbox.co.uk

#### Saturday 20

#### **Clevedon Aquathlon**

A swim followed by a run along Clevedon's seafront. Complete it by yourself or in relay with a friend. Novice and sprint distances available. £15 per person. www.clevedonmarinelake.co.uk/ whats-on

## August

#### Saturday 3

#### Mendip Marauder ultra marathon

Run 30 or 50 miles along the Mendip Way from Frome or Wells to Uphill beach. www.albionrunning.org/ mendip-marauder

#### Friday 9 - Sunday 11

#### Rugby Super 7s

The Beach, Weston-super-Mare. www.westonsuper7s.co.uk

#### Saturday 17

Portishead Triathlon Swim in the open air pool, run up to Battery Point and cycle around the hillside. www.pac-tri.com

#### Sunday 18

The Summer Ramble A 5-mile sponsored walk around Charlton Farm, for Children's Hospice South West. www.chsw.org.uk/summerramble

#### Saturday 24 - Sunday 25

#### 401 Festival of Running.

Portishead. Open to all ages and abilities. Races include a 5km, 10km, a



half marathon, or an additional 6.1km for those who want to complete a total of 26.2 miles over the weekend. Children's races too, along with food, bars and entertainment.

Organised by 401 marathon runner Ben Smith, to raise money for the 401 Foundation. www.the401challenge.co.uk/ festival-of-running-portishead



# SUMMER HEALTH AND FITNESS - REGULARS

Visit the gym, go for a swim, or take part in a class at one of North Somerset's leisure centres:

#### @Worle -

New Bristol Road, Weston-super-Mare. 01934 529 540 www.worle.org.uk

#### **Backwell Leisure Centre** –

Farleigh Road. 01275 463 726 www.leisurecentre.com/ backwell-leisure-centre

#### The Campus -

Locking Castle, Weston-super-Mare. 01934 427 427 www.the-campus.org.uk

#### **Churchill Sports Centre -**

Churchill Green. 01934 852 303 www.better.org.uk/churchill-sports-

Clevedon School Sports Centre -Valley Road. 01275 877 182

#### Gordano School Sports Centre -

St Marys Road, Portishead. 01275 843 942 www.gordanosportscentre.org.uk

#### Hans Price School Sports Centre -

Marchfields Way, Weston-super-Mare. 01934 642 426 www.hansprice.org.uk

#### **Hutton Moor Leisure Centre -**

Hutton Moor Road, Weston-super-Mare. 01934 425 900 www.leisurecentre.com/hutton-moorleisure-centre

#### Parish Wharf Leisure Centre -

Harbour Road, Portishead. 01275 848 494 www.placesforpeopleleisure.org/ centres/parish-wharf-leisure-centre

#### Portishead Open Air Pool -

Esplanade Road. 01275 843 454 www.portisheadopenairpool.org.uk

#### Scotch Horn Leisure Centre -

Brockway, Nailsea.01275 856 965 www.leisurecentre.com/ scotch-horn-leisure-centre

#### Strode Leisure Centre -

Strode Road, Clevedon. 01275 879 242 www.placesforpeopleleisure.org/ centres/strode-leisure-centre

www.n-somerset.gov.uk/leisurecentres

#### Read the latest Active Directory at www.n-somerset.gov.uk/go4life

Stroke Communication Group (E) 10am. Summer Lane Care Home. Diamond Batch. 01275 870 328 Positive Step Coffee Morning (2)

10am-noon, Locking Castle Church Hall, Jasmine Way. www.positivestep.org.uk

Arthritis Care Weston Branch (2) 2pm, St Saviours Hall, Locking Rd. 01934 622 808

Croquet Club (E, and Weds and Fri, April-Oct) 2-4pm, Clarence Park East, Weston-super-Mare. Just turn up or call 01934 413 515 clarenceparkcroquet@Gmail.com

Weston-super-Mare Fibromyalgia Group (4) 2pm, Our Lady of Lourdes church hall, Baytree Road, Worle. wsmfibro@gmail.com www wsmfi

Myalgic Encephalopathy/Chronic Fatigue Syndrome Support Group (4) 1.30pm, The Sub Station, St Andrew's Parade, Weston-super-Mare. help.me.wsm@gmail.com

Qigong (E) 7.30-9pm, Locking Village Hall. 07913 922 063 jan.qigong@gmail.com

#### **Tuesdays**

Western Active Stroke Group (E) 10am, Worlebury Golf Club. 01934 519 266

Somerset Cancer Care Support Group (E) 10am, Summer Lane Care Home, Diamond Batch. 0800 731 4608

Dance fitness (E) 10am, Clevedon Triangle Club. £4. 01275 544 472

Walking Football (E) 10-11am, Weston Football Club. £2 per session. 07970 681 178 DIAL (Disability Information and Advice Line) (É) 11am-3pm (also Thursdays). Answer machine at all other times. 01934 419 426 www.westondial.co.uk

Golden Oldies sing and stretch classes . Venues in Clevedon, Portishead, Weston-super-Mare, Pill and Nailsea. 01761 470 006 www.golden-oldies.org.uk

Stroke Group (E) noon, Parish Wharf Leisure Centre, Portishead. 07899 754 937

Fibro Friends WSM – Fibromyalgia and Chronic Fatigue Support Group (2) 11am, 1 in 4 People, Oxford Street, Weston

www.fibrofriendswsm.co.uk

#### Backwell table tennis club

(and Thurs). Contact for details jeanetteanderson@hotmail.co.uk or 07960 041 104

Cancer Rehabilitation class (E) 2-3pm, Hutton Moor leisure centre, Weston-super-Mare. 07899 754 937

Weston Macular Support Group (2) 2pm, Lauriston Hotel, Weston. 01934 516 627

Weston-super-Mare Breatheasy Club Walking Football (E) (3) Healthy Living Centre, Lonsdale Avenue, Weston, Support for people living with a lung disease. Cancer Rehabilitation class (E) 3-4pm. Hands Stadium. Davis Lane, Clevedon. £1.50 per class. 07800 743 305

Nailsea and District Footpath Group (E) and Thu (E), Sun (2,3), Sat (4). Range of walking difficulties. www. nfpg.org.uk or 01275 810 067

Bipolar UK (2) 7.30pm, Room 4, Victoria Methodist Church, Station Road, Weston. 0845 434 9915

#### Tuesday Badminton club

(E, term time) 8-10pm, Broadoak School, Weston-super-Mare. johnrudall@hotmail.com

#### Wednesdays

Ashcombe Park Bowling Club (E) (and Sat) 10am-noon, Ashcombe Park, Weston. 01934 522 779

Stroke Communication Group (A) 10am, Methodist Church Hall, Silver Street, Nailsea. 01275 870 328

Woodspring Indoor Bowls Club (E) noon-2pm (and every Sat 8.30-10.30am) 236 Milton Road, Weston-super-Mare. 07709 682 696

Women's Action Group (WAGS)

12.30-2pm, 35 Boulevard. Weston-super-Mare. Women-only group for those who need help with addiction. 01934 427 940

Petanque (French boule) (E, and Sundays at 11am) 1pm, Clarence Park bowling club. All ages welcome. 01934 429 563 or 07873 768 127 or just meet at main gate by clubhouse.

NHS Stop Smoking Café (E) 6pm, Tesco café, Weston. 01275 546 744

Weston Area National Rheumatoid Arthritis Society (2) 6.30-8.30pm, The Campus, Locking Castle, Weston. www.nras.org.uk, 01934 620 583

Nailsea and Backwell Diabetes Support Group (2) 7-9pm, Methodist Church Hall, Silver Street. nailsea.diabetes@gmail.com

Boas of Somerset Hash House Harriers (E) 7.15pm, various locations. See www.bristolhash. org.uk/bogs 079 6649 5086 or 01275 874 671

#### **Thursdays**

YouTree Cancer Support Group (E) 10am, Lauriston Hotel, Knightstone Rd, Weston. 07932 143 452 FUCHSIA Cancer Support Group

(E) 10am, Night Jar pub, Worle. 07896 699 627

Friendship Group (E) 10am-noon, Worlebury Golf Club. For people with long-term illness, carers also welcome. 01934 823 415

Badders Badminton Group (E) 10am-noon, Strode Leisure Centre. 01179 682 461

10.30-11.30am. Hand Stadium.

Clevedon. 01275 878 052 Wrington Vale Croquet Club (E, April-Oct) 2.30pm, Wrington Recreation Ground, Silver Street.

01934 862 838

Parkinson's UK Weston Branch (1) 2.30pm, St Saviour's Hall, Locking Rd. 01934 813 547/625 633

Portishead Macular Help Group (4) 2.30pm, Folk Hall. 01275 845 238

Weston Osteoporosis Support Group

Meets 5 times a year (March, May, July, September and November), in the Lecture Theatre, The Academy, Weston General Hospital. Information about local services and practical matters for people with ostepporosis. 01934 415 096 moraine7@hotmail.co.uk

Diabetes UK (Weston) (1) 7.30pm, Waverley Suite, Weston Hospital Academy [also – quiz night (2) Social Club, Devonshire Road] 01934 628 985

South Avon Canoe Club

(E, Oct-March) 8.15-10pm, Churchill Swimming Pool. Kit provided All are welcome. southavoncanoeclub@gmail.com www.sacc.co.uk

#### Fridays

Partially Sighted and Blind Club (E) 10.15am-2pm, Pembroke Court, Elton Rd, Clevedon. 01275 219 730

Long Ashton Bowling Club (E, April-Sept) 6pm, Community Centre, Keedwell Hill, Long Ashton. No previous experience necessary. 01275 853 885

Portishead Stroke Drop-In Centre (1) 10.30am, Clarence House, High Street. 01275 818 492

#### Saturdays

Parkinson's UK North West Somerset branch meeting (2) 10.30am-12.15pm, St Francis Church Hall, Nailsea. 01275 855 524

#### Sundays

Weston Ability FC (E) 11am-noon, @Worle, New Bristol Road, Weston. Football club for ages 8 and up with special needs. 07876 064 439

#### Stay steady classes

Age UK Somerset runs classes across the area for anyone aged 50 and over, including Movement to Music, seated yoga, Stretch and Flex, Tai Chi, Boccia, and chair-based Flexercise sessions.

Classes cater for all abilities. To view the whole programme visit www.ageuksomerset.org.uk/ somerset or contact Nikki Smith on 07530 777 895 or nikki.smith@ageuksomerset.org.uk

# Cycle around North Somerset this summer



#### Cycling is the perfect way to pop to the shops, get to work or enjoy the North Somerset countryside this summer.

There are many traffic-free and clearly signposted cycling routes across the area to help you explore, including the Brean Down Way, Strawberry Line and Festival Way.

Cycle routes also run through towns to give easy access to work or shops, such as route 33 through Weston-super-Mare and route 26 in Portishead.

Organised rides are a great way to get our on your bike and meet likeminded people. Visit www.letsride.co.uk

Free-to-use outdoor bicycle pumps are located at train stations and other key locations around North Somerset if you get a flat tyre.

For information on how to get started cycling, as well as detailed maps and location of pumps, visit

www.betterbybike.info

#### Help to get started

#### Borrow a Bike

The two-week Borrow a Bike scheme could be a great introduction to cycling if you're thinking of taking to two wheels.

The scheme is free (with a £50 deposit) and enables you to try one of three types of commuter bikes for the fortnight. Find out more at www.betterbybike.info/loanbikes

#### Pick up a cycle map

The latest copy of the free North Somerset cycle map is available at libraries, bike shops and tourist information sites. You can also see routes online at

www.n-somerset.gov.uk/cycleroutes

#### Give your bike a service

Bike mechanic Dr Bike can visit community groups, schools and businesses to service bikes, carry out safety checks and do minor repairs. For a free visit email sustainable.travel@n-somerset.gov.uk

#### Take part in the Travelwest Challenge

Compete with colleagues, friends or neighbours in the Travelwest Challenge this summer and win prizes. Track your journeys by bike, foot, bus or train on your smartphone and be rewarded for leaving the car at home.

Visit www.travelwest.info/ challenge

## Why cycle?

- It can improve your physical and mental wellbeing
- It has minimal environmental impact
- It's an easy way to get out into the countryside
- You can travel further than walking and running
- You can enjoy quality time with family and friends, or quiet 'me' time.



# Take time out - Walk



#### Walk information

Distance: about 5.2 miles

Difficulty: medium to hard: narrow, rugged paths, a couple of wooden stiles. Wear suitable footwear. Ticks are present in this woodland so wear long sleeves, trousers and boots.

Duration: allow 2.5 hours at a leisurely pace

Map: OS 154 Explorer

## How to get there

Start at map ref: ST 459655

By car: Cleeve is on the A370. A large parking area is in Cleeve Hill Road, just after the turning to Plunder Street

By bus: Services X1 and X2

Take a wander around the tranguil woodland of Goblin Combe and spot rare ferns and beautiful butterflies in the shady undergrowth.

From the parking area, turn right into Plunder Street and go past the old school building. Follow the footpath sign down the driveway towards Walnut Tree Farm.

Go through the gate marked The Congresbury Estate and 'Footpath to Wrington only'.

Keep on this stone track, into Cleeve Wood.

Goblin Combe is a limestone gorge. About 200 million years ago it was dry desert but torrential rainstorms and flash floods created waterfalls which wore away the rock. Millions of years later, this process was repeated when snow melted following the Ice Age.

The area is a Site of Special Scientific Interest and a local nature reserve. An ancient Iron Age settlement was based here too.

You will spot the rare moonwort fern, which alchemists claimed had magical powers, and there are more than 30 species of butterflies.

After about 3/4 mile you will go through a gap in a wall. If you're feeling energetic you could take the steep steps up on your left-hand side, to follow the orange route and do a detour up to the cliff edge (take extra care and don't go too close to cliff edges).

However, this walk continues straight on, following the blue footpath.

Keep going until you see another map sign at a junction in the path. Take the right-hand route here, then a quick left, onto the smaller footpath.

Continue on, with the regular sound of aeroplanes overhead. You will eventually come to a t-junction in the path so turn right here. This path runs alongside the copse, with fields on the left-hand side.

At the end of the track turn right and follow it round to the left. Just a little

# Take time out - Walk



further on is a kissing gate on the right-hand side. Go through here then head straight across the field towards the lane (Wrington Hill).

Exit right and continue up the lane past the pretty cottages, all the way to the next woodland (Corporation Woods).

Keep on the lane through the woods until you get to a junction next to Woodside Cottage. Take a sharp left here, up the driveway, signposted 'Congresbury Woodlands'.

Go up the track and follow it round to the right. There is a map here and you will be following the green route towards Woolmers House.

Keep onwards on the main gravel track, continuing past Kennel House (Woolmers).

Turn right after the house, the path between the gardens. This leads to a gate and into King's Wood.

Follow the woodland path over a little footbridge. Continue on the waymarked path on the left. The path runs downhill to a stile, which opens out onto a field filled with wild flowers.

Cross the field, towards a gap in the trees. Head towards the gate at the bottom.

Exit here onto the track and go immediately right, through another gate and along the path which runs between the hedges and trees.

This leads to Chapel Lane. which then leads back to Cleeve Hill Road and the parking area.





#### **CLUBS AND SOCIETIES**

#### **Mondays**

Craft and sewing sessions (E) 10am-1pm and 1-4pm, Weston-super-Mare Contact 01934 643 261 or emmabilly25@gmail. com

Weston Monday Art Group (E) 10am, St Saviour's Church Hall, Locking Rd. 01934 514 127

Winscombe District U3A Coffee Morning (1, except Aug) 10am, Winscombe Community Centre. £1 inc refreshments.

Tots 1 (E, term time only) 10-11.30am, Bristol Road Baptist Church, Southside, Weston-super-Mare

Iron Age hillfort of Weston-super-Mare restoration group E) (and Fridays) 10am-noon, access from Trinity Road. 01934 412 038

Winscombe Probus Club (2 and 4) 10.30am, Winscombe Community Centre. 01934 782 505

Duplicate bridge (E)(and Thurs, Fri, Sat) 1.30pm, 21 Montpelier, Weston. 01934 633 530

Kewstoke Arts and Crafts Group (E) 2pm, Village Hall. 01934 628 309

Georgian Club for over 60s (E) 2pm, St Georges Community Centre, Willow Close. 01934 510 953

NHS Retirement Fellowship (2) 2pm, Our Lady of Lourdes Church Hall,

Worle, 01934 417 850 Winscombe District U3A

(3, except Aug and Dec) 2pm, Winscombe Community Centre. £1.50 members, £2 non-members.

Yatton Art Group (E) 2.15pm, Village Hall. 01934 249 907

Clevedon Mixed Leisure Club (1 and 3) 2.30pm, Consti Club, Kenn Road 01275 875 179

Weston Flower Arrangement Society (4) 2.30pm, St Georges Hall. 01934 812 177

Whist drive-in, Portishead (E) 7.15pm, 01275 844 290 or 848 505

Clevedon Lions Club (3) 7.15pm, Walton Hotel. 01275 878 983

Weston Amateur Radio Society (E) 7.30pm, Weston Social Club, Drove Rd. 07500 6686 744

Weston Quilters (1) 7.30pm, United Reform Church, Waterloo Street. 01934 834278

Clevedon Gardeners Club (2 and 4, Sept-Mar) 7.30pm, Room 2, Clevedon Community Centre, Princes Road. clevedongardeners@ amail.com

Worle Lions (2) 8pm, Windsor Castle pub. www.worlelions.co.uk, 08458 339 862

Lions Club of Portishead (2) 8pm, Clarence House, High Street. 08432 895 330

Nailsea Lions Club (2) 8pm, Grove Sports Centre. 01275 855 046

Yatton WI (2) 8pm, Yatton Village Hall. 01934 834 796

Royal British Legion (Portishead) (3) 8pm, Clarence House, High Street. 01934 251 468

#### **Tuesdays**

Weston U3A (E) 10am, Friends Meeting House, High Street

Art Group (E) 10am, Hutton Village Hall. Any medium. 01278 784 032 or 07977 323 553.

Mendip Art Group (E) 10am, Banwell Village Hall. 01934 645 885

North Somerset Botanical Painting Society (E) 10am, Brackenwood Garden Centre, Abbots Leigh. 01934 832 952

Age UK free advice sessions (1) 10am-noon, Portishead Library, (2) 10am-noon, Nailsea Library, (4) 9.30am-12.30pm, Winscombe GP surgery. 0845 643 4621

Coffee and Chat

(F. also Saturdays) 10am-noon, Portishead High Street Methodist Church Portishead. 01275 844 917

Friends of Trendlewood Park (3)(and first Sun) 10am-1pm, Trendlewood Park, Nailsea. www. friendsoftrendlewoodpark. org.uk, 07879 607 492

Clevedon Happy Companions Club (E) 10.30am-2.30pm. Small, friendly social group for 4th age Clevedonians. 07887 744 295

Coffee Stop drop-in coffee morning (E) 10.30am, Milton Baptist Church, Baytree Rd. 01934 641 574

Kewstoke's Tiny Teds Toddler Group (E) 10.30am-noon, St Paul's Church Hall. £2 per family 07980 384 034

Clevedon Probus Club 1974 (1)(3) 10.30am, Community Centre, Princes Rd 01275 876 297

Clevedon Probus 2008 Club (2)(4) 10.30am, Clevedon Community Centre, Princes Rd. 01275 874 631

Multicultural Friendship Association (E) 1-3pm, Weston Room, Badger Centre, Wadham Street, Weston. 07587 335 963, www.mfa-wsm.org.uk

Lynne Castell Watercolours Árt Group (E) 1-4pm, Greenways Farm, 2 Lyefield Road, Worle. 01934 628 760 or www.lynnecastell.co.uk

Nailsea Shedders Repair Café (E) 1-4pm, Scout Hut, Hannah More Road, Nailsea. nailseasocialshedders@ gmail.com 07795 117 944

Portishead Rotary Club Memory Café (1)(3) 2.15pm, Jubilee Hall Slade Rd. 01275 871 197

Weston Scrabble Club (E) 7pm, St Saviour's Church Hall, Locking Rd. 01934 620 948

Weston-super-Mare and District Family History Society (4, except Aug and Dec) 7pm, Vintage Church, Hughenden Road, Weston. 01934 418 998

Catenian Association (1) 7.15pm, Cadbury House Hotel, Congresbury. For Catholic men. 01275 877 180

Rotary Club of Portishead (E) 7.30pm, Clarence House, High Street. 01275 845 509

A1 Camera Club (E) 7.30pm, St Georges Community Centre, Willow Close, 01934 521 780

Hutton Ladies Group (1) 7.30pm, Village Hall 01934 623 450

Bleadon Photographic Club (1, 2, 4) 7.30-9.30pm, Bleadon Coronation Hall. 01934 812 573

Portishead Quilters (1)(3) 7.30pm, Redcliffe Hall. 01275 848 467

North Somerset Vintage Tractor Club (1) Redhill Village Club 01275 474 649

Weston Railway Society (1) Function Room, Conservative Club 01934 628 289

Clevedon Art Club (2) 7.30pm, Sixth Form Centre, Clevedon School, Valley Road. 01275 879 556

Women of Weston Women's Institute (3) 7.30pm, Vintage Community Church, Hughenden Road, Weston. WeAreWOWWI@gmail.

Weston Archaeological and Natural History Society (2) 7.30pm, Victoria Methodist Church Hall, Station Rd. 01934 620 785

Portishead Townswomen's Guild (4) 7.30pm, Folk Hall. 01275 847 271

Clevedon and District Model Boat Club (4) 7.30pm, The Salthouse (also sail on the 2nd Sunday of the month at 10am)

Nailsea and District Model Railway Club (E) 7.30pm, Clevedon Craft Centre, off Moor Lane, www.nailseadistrict-mrc co.uk

Clevedon and District Flower Club (4) 7.30pm, Community Centre, Princes Rd. 01275 859 797

Nailsea Miners Rotary Club (E) 7.45pm, George pub, Backwell. 01275 854 641

Weston-super-Mare Railway Club (1) 8pm, Conservative Club function room, Alaxandra Parade, Weston, 01934 628 289

Weston and Mendip Advanced Motorists' Group (3) 8pm, Village Hall, Crookes Lane, Kewstoke

Yeo Valley Lions Club (2) 8pm, Yatton Village Hall. 08458 339 602

North Somerset Modellers' Society (2) 8.30pm, Windsor Castle pub Milton. 01934 417 907

#### Wednesdays

Lynne Castell Oils, Acrylics, Pastels Art Group (E) 10am-1pm, Greenways Farm, 2 Lyefield Road, Worle. 01934 628 760 or www.lynnecastell.co.uk

Yeo Valley Probus Club (1)(3) 10.30am, Backwell Bowls Club. 01275 857 769

Backwell Probus Club (2)(4) 10.30am, West Backwell Bowling Club. For retired men, to listen to talks on a wide variety of topics. 01275 462 627

Gordano Probus Club (2) 12.30pm, Clarence House, High Street, Portishead. 01275 398 706

Portishead Probus Club 73 (3) noon-3pm, Clarence House Social Club, High Street. 01275 814 249/ 07715 572 106

Failand Art Group (E) 1.30pm, Village Hall, Oxhouse Lane. Jimpeck1502@gmail.com

Banwell Bridge Club (E) 1.30pm, Village Hall. 01934 522 405

Friends of Weston-super-Mare Museum (3) 1.30pm, Blakehay Café, Wadham Street, Weston. Meetings free to members. Small fee to visitors

Woodspring Scrabble Club (E) 2pm, United Reformed Church, Weston. 01934 815 358

Nailsea Scrabble Club (E) 2pm, Mizzymead Recreation Centre. 01275 464 864

Worle Friendship Club (E) 2pm, Worle Community Centre, Lawrence Rd. 01934 510 863

Portbury Over Sixties Club (1) 2pm, Portbury Village

Uphill WI (2) 2.15pm, Victory Hall, Westfield Road, Uphill.

Backwell Garden Club (3) 2pm, WI Hall. 01275 855 822

Portishead Senior Citizens Forum (3) 2.15pm, Folk Hall. 01275 843 678

Clevedon Senior Citizens' Forum (L) 2.30pm, Masonic Hall, Albert Road. 01275 874 296

Weston Amnesty International (2) 6.30pm, Worlebury Golf Club, Weston, 01934 419 014

Weston Bridge Club (E) 6.45pm (and Fri/ Sat 1.45pm), Haywood Village Academy, Whitney Crescent. 01934 647 634 or ivangerstel@gmail.com

Weston Sea Cadets (E) (and Fri), 7pm, Cadet HQ, Sunnyside Rd North. 11 to 18-vear-olds.

Portishead Spiritualist Association (E) 7.30pm, Brampton Way Playgroup Hall, Brampton Way. 01275 843 744

Weston Moose Social Evening (L) 7pm, Ebdon Arms, Wick St Lawrence. Skittles, darts and friendly conversation. 01934 814 042 or 41 litton@tiscali.co.uk

Wrington Vale Rotary Club (E) 7.30pm, Burrington Inn, Burrington Combe. 01934 844 214



# Take time out





Clevedon Yeo Rotary Club (1 and 3) 7.30pm, Walton Park Hotel, Wellington Terrace, Clevedon. 01275 218 987 www. clevedonyeorotary.org.uk

Nailsea and District Horticultural Society (2) 7.30pm, United Reformed Church Hall, Stockway North. £2 for members, £3 for visitors 01275 855 342

Nailsea Stamp and Postcard Club (2) 7.30pm, Mizzymead Recreation Centre. 01275 855 875

Nailsea and Backwell Townswomen's Guild (2) 7.30pm, Methodist Hall. 01275 810 579

Worle WI (3) 7.30pm, Castle Batch Community Centre, Bishop's Avenue. 01934 511 329. www. worlewi.org.uk

Portishead Floral Art Society (3) 7.30pm, Somerset Hall. £5 for visitors 01275 374 201

Royal British Legion (Clevedon) (3) 7.30pm, Community Centre. Prince's Rd

#### 01275 879 816

Gordano Valley 41 Club (4) 7.30pm, Royal Inn, Portishead. 01275 817 258

Moorhens WI (1) 8pm, Locking Castle Church. moorhensWI@gmail.com

Bristol and West Fly Dressers Guild (E) 8pm, Redhill Village Club. Promoting the art of fly tying to beginners and competent Tyers. 01934 221 437, toledo 1946@sky.com.

#### **Thursdays**

Bleadon Art Group (E) 10am, Bleadon Village Hall, Coronation Road. 07783 806 031

Community Coffee Morning (E) 10am, Clarence Park Baptist Church, Walliscote Road, Weston. 01934 424 550

Probus Club WSM (1)(3) 10am, Worlebury Golf Club, Worlebury. 01934 514 857 www.probusweston.com

Probus Club of Nailsea (2)(4) 10am, Mizzymead Social Club. 01275 790 335

Probus Milton (2)(4) 10am, Milton Methodist Church. 01934 525 476

Weston Twins and More (4) 10am, Kids Hut, Winter Gardens. 01934 528 348

Civil Service Retirement Fellowship (1)(3) 10am, Friends Meeting House, High Street, Weston. 01275 858 766

Copse Coffee drop-in coffee morning (A) 10.30am, Copse Rd Chapel, Seavale Rd, Clevedon. 01275 798 667 07873 180 135

Notable Club (E) Uphill Scouts Hall. 07749 625 217

Channel Scrabble Club (E) 2pm, Friends Meeting House, High Street, Weston-super-Mare.

01934 418 876 Social duplicate bridge (E) 2pm, Vintage Community Church Hall, Hughenden Road, Weston-super-Mare. 01934 627 751

Winscombe Bridge Club 2pm. 01275 540 604 www.winbridge.org.uk Uphill Friendship Club (over 50s) (E) 2.15pm, Victory Hall, Uphill. 01934 429 678

Weston and District National Trust Association (2)(and fourth Fri) 2.15pm, Corpus Christi Church Hall, Weston. 01934 633 593

Yatton Knitting Club (E) 5.45pm, Yatton Library. All abilities welcome. Free tea or coffee, 01934 426 100

Craft and sewing sessions (E) 6-9pm, Weston-super-Mare. Contact 01934 643 261 or emmabilly25@gmail.com

Vintage Hornby Railway Collectors (4) 6pm, Scout Hut, Totterdown Rd Weston. 01934 413 053

Loves Book Club (1) 6.30pm, Loves Cafe, 9 West Street. 01934 645 672

Vegetarian Cookery Club (A) 6.45pm, Church Hall, 500 Locking Rd, Worle. 01934 628 860

Weston Woodturning Circle (3) 7pm, Weston Football Club, Winterstoke Rd. 01934 510 862

Weston Chess Club (E) 7.30pm, Weston-super-Mare Conservative Club, 24-26 Alexandra Parade. 01934 643 171

Portishead Camera Club (E, Sept-May) 7.30pm, Redcliffe Bay Hall Newhaven Road 01275 848 895 www portisheadcameraclub. co.uk

Weston-super-Mare Horticultural Society (2) 7.30pm, St Peter's Church Hall, Baytree Rd.

Banwell WI (2) 7.30pm, Village Hall, Banwell. Visitors welcome 01934 253 761

Hewish and District WI (3) 7.30pm, Hewish and Puxton Village Hall, Maysgreen Lane 01934 249 352

North Somerset Rural Business Forum (3) 7.30pm, Mendip Spring Golf Club. £7.50 for non members. 01531 820 307

Royal British Legion (Nailsea) (3) 7.30pm, Grove Sports Club. 01275 856 879

Bleadon Sugarcraft Club (4) 7.30pm, Bleadon Coronation Hall, Visitors £3.50, 07535 915 582

Bristol Sailors Meeting (4) 8pm, British Legion Hall, Long Ashton.

#### **Fridays**

Good Companions Senior Citizens Club (E) 9am, Somerset Hall, Portishead. 01275 848 059

Gadget Club (1) 10-11am, Town Hall library. Weston-super-Mare 01934 426 010

Lynne Castell Introduction to Ćopperplate Calligraphy. Greenways Farm, 2 Lyefield Rd, Worle 01934 628 760 or www.lynnecastell.co.uk

Mead Vale Friendship Club (over 50s) (E) 2pm, Community Hall, Worle 01934 510 672

Portishead Folk Hall Senior Citizens Club (F) 2pm, Folk Hall, High Street Portishead £1 inc refreshments and entertainment.

01275 390 350 50-plus club (E) 2-4pm, Castle Batch Community Centre, Bishop Avenue, Worle.

Scrabble Club (E) 2.15-5pm, Clevedon Conservative Club. £1 per session. 01275 342 974

Nailsea Computer Club (1)(3)(4) 7pm, Southfield Church, Southfield Close, Nailsea. 01275 852 521

North Somerset Quilters (3) 7.30pm, WI Hall, Station Rd, Backwell. 01275 463 119

Portishead Stamp Club (4) 7.30pm, Friends' Meeting House, St Mary's Rd. New members welcome from Portishead and beyond. www. portisheadphilatelicsociety. org.uk

Banwell Society of Archaeology (2) 7.30pm, Banwell Village Hall.

#### Saturdays

Hutton Lace and Craft Group (2) 9.30am, Village Hall. 01934 822 871

**CREWS Backstage Support** (E) 10am-1pm, The Stables, Princes Rd, Clevedon. 07824 821 814

Craft and sewing sessions (E) 10am-1pm and 1-4pm, Weston-super-Mare. Contact 01934 643 261 or emmabilly25@gmail.com

Portbury Community Café (1) 10am, Village Hall. 07971 501 374

Friends of the Playhouse 10am, upstairs bar of The Playhouse, High Street, Weston. Regular fundraising coffee mornings.

Better Nailsea litter picks (2) 10am-noon, then Community Group meeting noon-2pm, 65, High Street, Nailsea.

betternailsea@gmail.com YABEEP Natural Beekeeping Group (2) 10.30am, Claverham Village Hall, Bishops Rd. YABeeP@gmail.com

Avon Guild of Spinners, Weavers and Dyers (2) 10.30am, Bowls Pavilion, Long Ashton Community Centre. 01275 464 526

Parkinson's UK North West Somerset branch meeting (2) 10.30am-12.15pm, St Francis Church Hall. Nailsea. 01275 855 524

Weston-super-Mare & District Family History (E) 2pm-3.30pm, Weston library, Town Hall, Walliscote Grove Rd.

#### Sundays

Games and other activities group for over 50s (3) 2-4pm, The Lawnside, Church Lane, Backwell. 01934 888 803

Worle Lions Quiz (1) Windsor Castle pub Entry £2.50 inc food and cash prize. www.worlelions.co.uk 08458 339 862

# Have your say on new shopfront design guide

A design guide for shopfronts in North Somerset is now out for consultation – so have your say about what's inside.

North Somerset Council, in partnership with Historic England, is keen to hear people's views on the proposed design guide, which will help improve the look and identity of the area.

Shopfronts are the most striking part of a building's façade, making a big impact on the appearance of a town and contributing to people's first impression of its image.

High quality shopfronts make a town feel more welcoming to locals and visitors, contributing towards a stronger sense of identity and encouraging greater footfall.

Unsympathetic shopfronts can spoil the appearance of a building and the wider surroundings, discouraging visitors and custom.

Cara MacMahon, North Somerset Council's Heritage Action Zone officer, said: "Over time, alterations to shopfronts can lead to a loss of cohesion and symmetry in a property's design.

"When altering shopfronts, businesses and owners should aim to restore these in architectural lines and design features.

"Efforts should also be made to establish a symmetrical and cohesive design across all storeys of a building, as opposed to just the street level shopfront."



Once adopted, the design guide will provide policy on acceptable shopfront design in the area.

A grant scheme to enable shopfront enhancements is launching in September through the Weston Heritage Action Zone.

The draft design guide is now open for public consultation. Have your say at www.n-somerset.gov.uk/ consult



Newly-designed shopfront signage in Weston's High Street, which is now part of the Great Weston Conservation Area



# Beautiful restoration of High Street store wows locals

Stunning leadwork on a Georgian shopfront in Weston-super-Mare has been beautifully restored.

The WH Smith store, in the High Street, opened its doors again in June following 18 months of restoration work.

The stunning leadwork was painstakingly restored, highlighting the ornate work originally put in place in the early 1900s.

In the centre is a quote from Shakespeare, 'Come and take a choice of all my library and so beguile thy sorrow'.

It also includes Tudor hunting dogs, flourishes of vegetation, Tudor roses, a bear, dragon, cherub and even a unicorn.

Original bow windows at the front of the store have also been refreshed and the previous second entrance to the store has been replaced with a double window.

The fascia has also been updated to a black sign with white lettering, in line with the Great Weston Conservation Area which launched earlier this year.

This shopfront sets a positive benchmark and inspiration for other businesses within Weston's Heritage Action Zone.

The Heritage Action Zone is part of North Somerset Council's wider town centre regeneration programme.



# Step inside historic buildings

Historic buildings across North Somerset will be opening their doors soon so visitors can go behind-the-scenes and learn more about the area's heritage.

The Heritage Open Days initiative runs from Friday 13 to Sunday 22 September and venues across North Somerset will be open for

people to experience places they may have never visited before.

Entrance to all events is free. Find out what's open when at www.heritageopendays.org.uk/ visiting





# New Portishead base for





An international firm is setting up its new South West base right here in North Somerset and creating 100 new jobs over the next three years.

Mechanical and electrical services specialist EnerMech is moving into Kestrel Court Business Centre in Portishead and creating many opportunities for highly-skilled residents.

Life spoke to South West general manager Duncan Frame to find out more...



#### What does EnerMech do?

EnerMech delivers global project and asset support services to the energy, infrastructure and industrial sectors throughout the asset lifecycle - from pre-commissioning, to operations and maintenance, through to late-life support and decommissioning.

More specifically, our services include hydraulics, cranes and lifting, integrity and inspection, and process and pipelines, as well as more integrated services such as electrical and instrumentation and inspection, testing and certification services.

#### When did the company start?

EnerMech was founded in Aberdeen in 2008 when chief executive Doug Duquid and chief financial officer Michael Buchan decided to create a different kind of service provider to the offshore oil and gas industry.

Doug and Michael had previously held senior positions in large, global oilfield services companies and been part of a successful management buy-out in their first entrepreneurial

They wanted to create a business that was known for being customerfocused problem solvers, innovative and, above all, a safe operating partner. This sense of purpose is captured in our mantra, Safer Smarter Solutions.

#### How has it grown since then?

We have grown organically and by acquisition since our inception and can trace our heritage back more than 40 years. A feature of this growth is a desire to partner and collaborate for mutual success. Acquisitions only proceed with a good understanding of how the people in those businesses work and think, typically by working together on shared work over a prolonged period. In our first decade, EnerMech has arown into a £400m-plus international business with a team of 3,500, operating from more than 40 locations in 23 countries.

# international firm



#### How did you choose to come to Portishead?

As part of our broader strategy of diversifying into other highly regulated, hazardous sectors with demanding levels of engineered outcomes, EnerMech won a scope of work at Hinkley Point C with EDF.



It was important for us to be close to the project and the wider supply chain. We also wanted to be in a place where we could attract the right calibre of technical and commercial talent needed to fulfil our contract and drive growth in other sectors. With the depth of talent and capability in defence, aerospace, nuclear, petrochem and port operations, this is a great location for us.

#### What are the benefits of being in North Somerset?

As pivotal as the Hinkley Point C win is for us, we also wanted to be close to well-developed transport infrastructure to create a hub location that will ultimately support a number of smaller locations around the South West of England and Wales

Additionally, North Somerset and the South West has a depth of engineering expertise and capability serving a breadth of industry sectors that is hard to match.

I've spent time with local education institutions and have been impressed at the level of cohesion between their investments in infrastructure to develop talent and the reciprocal business need for that talent.

This environment is a good fit for EnerMech's business model and our approach to talent development.

#### What are your plans for the future?

Certainly, delivering an exceptional service level on our Hinkley Point C contract, while working hard to develop other opportunities. There's a lot to do to develop the business and plenty of scope to deliver on our intended 100 new jobs over the next three to five years.

I'm looking forward to building new customer relationships, developing supply chain partnerships and contributing to the communities we are part of.

A key part of this is building a strong, local team of competent, multi-skilled individuals with experience across multiple sectors and establishing the necessary workshop, storage and testing infrastructure that the team feel proud to be part of, safe to operate from and is accessible to potential new customers.

www.enermech.com



# Revamped nursery we

An outstanding nursery in Long Ashton has been revamped and delighted children are now enjoying the new space.

Early Birds Nursery, based at the Birdwell Primary School in Hollis Close, is run by North Somerset Council.



Recent renovations have created a third playroom which has enabled the nursery to take on 12 more children and extend the number of funded 30-hour places for families.

The original two rooms have also been redecorated

One parent said:

"It looks so fresh and spacious now, my child loves coming here."

One child added: "I like choosing the diggers and reading books on the sofa. My friends come here and we play, we have two giant snails."

Early Birds first opened in 2004 and the nursery takes full advantage of its woodland setting and outside spaces.

Forest school-style activities take place, there is a large vegetable garden, wooden and grass play areas, and all-weather playgrounds.

Early Birds is one of three nurseries run by North Somerset Council and all are rated outstanding by Ofsted.



The other two are Ashcombe Children's Centre Nursery and Little Waves Community Nursery in Weston-super-Mare.

Kay Smith, manager at Early Birds, said: "Our Early Years qualified and motivated staff team provide a stimulating, child-focused learning environment that offers enriched experiences and supports all children's learning and development."

# Save money with Tax-Free Childcare

Working parents could get up to £2,000 a year per child to help pay for registered childcare costs thanks to a government scheme.

The Tax-Free Childcare scheme is an online account that working parents can pay into if they have children under the age of 12 (or under 17 if disabled).

For every £8 a parent pays in, the government will top it up with an extra £2, up to a maximum of £2,000 per child per year (or £4,000 a year for disabled children).

The money can be used to cover everyday childcare costs such as childminders, nurseries and nannies, as well as going towards the cost of after-school clubs, play schemes, holiday clubs, summer camps or school holiday activities. You and any partner must each earn at least £131 a week, equivalent to 16 hours a week at the national minimum wage.

However, you can't get Tax-Free Childcare if either of you earn more than £100,000 individually.

Across the UK, 1.5 million families are eligible for Tax-Free Childcare but only about 250,000 are currently claiming.

Find out more about Tax-Free Childcare at www.childcarechoices.gov.uk The website includes a childcare calculator to work out how much money you could get, as well the online application form.



# Icomes more children





Interested in finding out more about Early Birds nursery?

three months to four years-old.

Email the team on earlybirds. nursery@n-somerset.gov.uk or call **01275 888 580**.



centres

#### What's on this summer

Fun family activities will be taking place at children's centres across North Somerset this summer.

Find your local centre and what's on at www.n-somerset.gov.uk/ childrenscentres



# Providing a safe haven for Saturday night revellers

Late-night revellers in Weston-super-Mare have a safe place to go every Saturday night if they need help of any sort.

MAVISbus (a multi-agency vehicle in service) is the big purple bus which now parks up in Big Lamp corner every Saturday from 9pm until 3am on Sunday morning.

It is a hub for the police, ambulance, street wardens, street pastors, licensing and other local agencies and provides a safe, warm, non-judgemental place for people to go.

Police community support officers and St John Ambulance first aiders are now also on board the multiagency help point for the first time.

They can assess medical issues and supervise people who are injured, intoxicated or vulnerable for another reason.

The bus is also a safe space if people need general care and advice, whether they are lost or need to get home, call and wait for a taxi, or just want to charge their mobile phone or have a hot drink.

North Somerset Council's community safety officer Harry Mills said "Over the past year we have worked hard with our partners to develop MAVISbus.

"It provides a vital role in supporting vulnerable people and helps reduce demand on local agencies working in Weston's evening and night time economy."

North Somerset's neighbourhood police inspector Jess Aston said: "North Somerset PCSOs are out and about on Saturday evenings to identify anyone who might benefit from some friendly advice, a cup of coffee or basic first aid – whatever they need to keep them safe.

"The PCSOs have received a very warm welcome from the public and licensees.
They are really enjoying themselves, so make their night by stopping by and saying hello."

Providing immediate assistance on-board MAVISbus helps reduce demand on medical and enforcement agencies.

Craig Rankin, operations officer for the South Western Ambulance Service, said: "Our staff work alongside partner agencies on MAVISbus to ensure there is a place for visitors in need of medical treatment, advice or just somewhere safe to be while waiting for onward transport.

"We can reduce the impact on the wider NHS system by providing early intervention, treatment and signposting to the most appropriate service, which helps reduce the 999 workload."

MAVISbus is linked by radio to licensed premises, the police and CCTV so staff on-board can monitor what's going on in the town centre and respond to any calls for help.







elp, but if you do you can find us on

# Hire out MAVIS

Community groups and organisations can hire out MAVISbus for their events in North Somerset

The bus is fully equipped with audio visual equipment, mains sockets and wi-fi and has been used for roadshows, health care awareness and outreach work.

It can be booked for £50 a day or £25 for a half day and can be delivered to a location at a specific time and collected at the end of the event.

For more information about hiring MAVIS,

www.mavisbus.net or call 01934 427 265.





# Live-saving actions from

# MAVISbus crew

Officers and volunteers onboard MAVISbus were quick on the scene when a man collapsed on a night out in Weston-super-Mare.

A group of women came onto MAVISbus to ask for help for the man, who had collapsed in Richmond Street



St John Ambulance volunteers attended to him while police community support officers got details from the crowd.

The man's friends said he'd previously had two heart attacks so the PCSOs passed this information to the St John Ambulance medics while also communicating with the ambulance service and bringing over a defibrillator.

The man was moved onto MAVISbus so he could be better assessed, kept off the cold ground and taken care of until the ambulance arrived.

Without St Johns Ambulance volunteers and police at the scene, there would have been a significant risk to his life.

Find out more about MAVISbus at www.mavisbus.net









# Road investment plan

#### More than £5.6m will be spent maintaining North Somerset's 1,100km roads this year.

The money will be used for resurfacing, patching, drainage and minor works, as well as urgent repairs such as potholes, missing drainage grates or damaged road signs, and winter gritting to keep the highway clear of ice and snow.

Road improvement schemes, such as layout changes, are paid for from other council budgets or external funding.

This map shows where North Somerset Council is planning to spend the road maintenance budget during the current financial year...



## Type of treatment

#### Resurfacing |



When the surface or sub-surface of a road has deteriorated beyond repair, the top layer is removed and replaced.

This can be done by recycling and reusing the existing surface meaning the road is effectively dug up, taken away, processed, returned and re-laid. A recycled surface has the same strength and life expectancy as traditional materials.

Surface dressing and micro surfacing are used for repairs on roads in early stages of decline to stop them getting worse, so you might see engineers working on roads that appear in good condition. These treatments are cheaper and quicker than rebuilding and prolong the life of the network, meaning more roads can be maintained for the same budget.

## Patching •

Various methods are used to patch roads, from small minor repairs to machine-laid patches covering much larger areas. Spray injection patching is the main method currently used, where a machine sprays a mixture of aggregate and bitumen into a pothole at high pressure. It is compacted into layers, leaving a sealed, smooth and level surface. A defect can be repaired in about two minutes.

#### Drainage

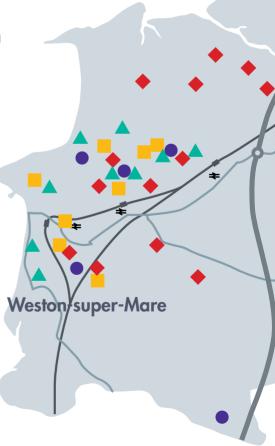


Repairs, maintenance and improvements are made to the existing drainage system as well as the council's annual road gully cleaning programme. Any problems are identified, investigated and repaired.

#### Minor work A



Other planned maintenance includes repairs to footpaths, kerbs, street furniture, traffic signs, refreshing painted lines or other road markings, and maintaining or replacing iron works, such as manhole or drain covers.







# Harnessing the power of food

About seven million tonnes of food is thrown away in the UK every year - and all of this can be composted or recycled.

Food recycling is an easy and efficient way of turning waste into a valuable resource.

The most environmental way of reducing food waste is only buying and serving what you need. However, some food waste is unavoidable - such as egg shells, banana skins, tea baas and through meal preparation - and this can be recycled, creating energy and a nutrient-rich fertiliser.

Here in North Somerset food waste is turned into gas and then electricity through anaerobic digestion.

The amount of electricity produced is enough to power 1,500 homes.

The nutrient-rich fertiliser produced from food waste is used by local farmers for agriculture and land regeneration.

# Food waste myths debunked

#### It always smells bad

Wrong – food waste is collected weekly compared with general waste which is collected fortnightly. Putting food in your general waste means it takes longer to be collected so is more likely to create a bad smell and attract maggots. Using the food recycling service, lining, emptying and cleaning your containers regularly will stop this problem.

You can line your caddy with a plastic bag, such as cereal liners or bread bags, or paper to keep it clean. Tie the top of the bag or create a parcel of paper before



#### Food waste breaks down naturally so there's no point recycling it

Wrong - one apple left under a tree in forest will be fine but the UK creates seven million tonnes of food waste every year.

If this food waste is sent to landfill it would release methane – a harmful greenhouse gas that is many times more damaging to the environment than carbon dioxide.

Recycling food waste transforms this methane into useful energy. It is converted into biogas and powers a turbine that generates electricity. It also creates a nutrient-rich liquid and solid fertiliser for agricultural use.

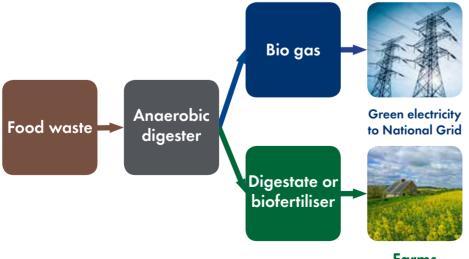
#### Recycling food waste costs more money than sending it to landfill

Wrong – it costs North Somerset Council about £109 per tonne to treat and dispose the rubbish sent to landfill but food waste costs just £65 per tonne to recycle and process. This saves £44 of your council tax money for every tonne of food waste recycled, and it is harnessed into a valuable resource in the process.

The food waste is also recycled locally rather than being transported miles away to landfill.

Food waste can make up about 20 percent of the contents of a general waste bin. The good news is that this is decreasing as more people recycle.

# The food recycling process





# Top tips to reduce your food waste

#### Make a shopping list

A shopping list will help you avoid unnecessary purchases. Beware attractive 2-for-1 offers and buying more food than you have time to eat.

#### Store food correctly

Storing food incorrectly can lead to premature ripening and, eventually, rotten produce. Not all food goes in the fridge, some should be kept at room temperature. Visit www.nhs.uk/ live-well/eat-well/how-to-storefood-and-leftovers

#### Eat leftovers

If there is food left over, be imaginative and think how it could be used another day. This will not only reduce waste but also your food bill. Visit www. lovefoodhatewaste.com/recipes

#### Use your freezer

A freezer could become your best friend in avoiding food waste and means you have an easy meal for another time.

## Wash it. Squash it. Sort it.

It takes just 20 seconds to collect a well-sorted box but up to two minutes for one where all items are mixed together.

Separating materials means a faster collection, less congestion, a more reliable service and better use of your council tax.

www.n-somerset.gov.uk/ recycling

#### **Either box:**

Spectacles, sunglasses, textiles, shoes and clothes ag separate

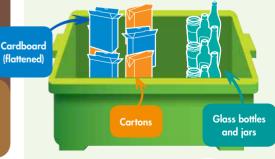
small electrical mobile phones

Plastic and cans together paper separate



#### **BOX 2:**

Card and cartons together glass separate



Keep an eye out for food waste information hangers being delivered soon. They contain relevant information about North Somerset's food waste recycling service.

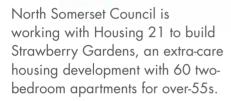
Information contained here applies to households in North Somerset. If you live in Bath and North East Somerset, Bristol or Somerset council areas, you will need to check your local arrangements.



# New extra-care housing launches in Yatton

Older people in North Somerset who need extra support on a day-to-day basis could find a new housing development in Yatton becomes

their perfect home.



Extra-care housing offers more care and support than sheltered housing and is a real alternative to residential care.

Couples who may have different levels of need can stay together and live independently in their own apartments for as long as possible.

An on-site care team is available 24-hours-a-day for emergencies

and providing everyday support.

At Strawberry Gardens, 30 of the apartments will be available for affordable rent through North Somerset Council's HomeChoice and adult social care teams.

The other 30 are available for shared ownership purchase, handled by Housing 21.









# Get vocal, be heard



Listening to residents' views is an important part of the democratic process and North Somerset Council welcomes ideas to make things better.

While the council can't act on every suggestion, it listens to feedback and makes changes where possible.

#### You said:

When are you going to look at on-street car parking charges?



#### We did.

North Somerset Council has pledged to involve local residents and businesses in creating a 'fair and affordable' parking policy across the area

The council's executive has decided to set up a new panel of councillors to take a fresh look at parking in the area.

The panel will look at a number of issues including the fairness of charges, options and opportunities for residential parking permits, and will draw up a parking strategy for the future.

Initially it will set out a programme for the review before seeking the views of residents, businesses and organisations to help shape the future parking strategy for the area.

The panel will be cross-party, including councillors from the most directly-affected wards and communities across the area.

Updates will be given in future issues of Life.

Public and legal notices covering a range of council matters can be viewed online at www.n-somerset.gov.uk/notices

## Comment on council consultations

Have your say on North Somerset Council's policies by taking part in consultations.

All consultations are listed at www.n-somerset.gov.uk/ consult

Sign up online to receive email alerts when new consultations are opened.

If you can't get online at home, posters are put up at the beginning of every month in all North Somerset libraries and council connect points, such as the Castlewood office in Clevedon, to publicise open consultations and how to take part.

# Your views - Letters, photos, tweets, posts

# Your views

- Send your items to Editor, North Somerset Life North Somerset Council Floor 1, Town Hall Weston-super-Mare, BS23 1UJ or email editor@n-somerset.gov.uk
- @NorthSomersetC
- NorthSomersetCouncil
- NorthSomersetLife

Items submitted without a valid name and address will not be considered for publication. Please tell us if you do not want your details published. Due to space restrictions letters may be edited.

#### Dear Editor

Inspired by the Great British Spring Clean 2019, the Dundry Litter Busters held their inaugural litter picking event recently.

A group of 26 volunteers from Dundry and East Dundry armed themselves with hi-vis tabards, litter pickers, gloves and black bags and set off on a mission to clean up several roads in and around Dundry.

The area covered included Dundry Lane, West Dundry Lane, Highridge Road, Hill Road and part of Oxleaze Lane. In an hour and a half more than 40 bags of

litter, as well as an array of more unusual objects, were collected.

As if to reward their efforts, the sun even came out and everyone enjoyed the opportunity to get some exercise and meet friends while improving the look of the village.

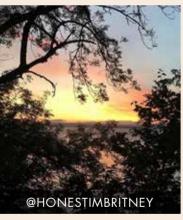
The Litter Busters Team thanked everyone who took part, and everyone who regularly picks up litter throughout the year.

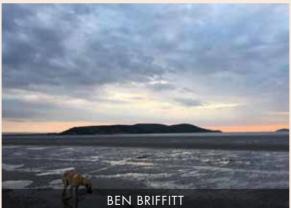
Come and see what treasure awaits you on our roadside verges and hedges! Email dundrylitterbusters@amail.com for details.

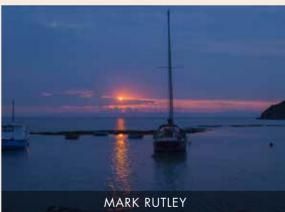
John Cheyne, East Dundry



North Somerset Life is on Instagram. Tag #northsomersetlife to share your photos











Many topics are covered on Twitter and Facebook and last month recycling concerns were raised.

f You need to accept black plastic and thin sheet plastic (like plastic bags, wrappers, etc)

**North Somerset Council:** Black plastic can't be sorted optically at the recycling plant. But lots of supermarkets are now accepting plastic bags and wrappers. Or you can try and avoid buying food in black plastic and pick loose fruit and veg, not overly-packaged items.

f How do you know it's being recycled in the UK once it leaves your depot? It's disgusting that our plastic ends up in other countries. Unless councils can prove to us that our waste is being recycled in this country I think it will be put in our black bins.

**North Somerset Council:** Please be reassured that all North Somerset recyclable plastics are recycled in the UK. If you put them in your black bin they will go to landfill and can take over 500 years to degrade. It also contributes to greenhouse gases being released, such as methane.

# Life contacts and tides times



## North Somerset Life

North Somerset Life is published by North Somerset Council.

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For editorial contact editor@n-somerset.gov.uk or 01275 884 139

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#### Coming next issue:

North Somerset's carbon reduction plan

#### JULY 2019 AUGUST 2019 High water Date High water Date High water High water Low water Low water Low water Low water Time Height (M) 1 Thu 07:43 12.00 01:15 0.88 06:16 11.07 18:39 11.40 12:15 1.41 1.06 20:02 12.36 13:39 Mon 2 07:06 11.52 00:39 1.35 19:28 11.82 13:03 1.16 2 Fri 08:31 12.37 02:06 0.72 20.50 12.67 14:28 0.62 Tue 3 Wed 07:55 11.84 01:27 1.11 20:14 12.11 13:50 0.98 3 Sat 09:18 12.56 02:55 0.49 21:36 12.79 15:16 0.48 12.53 0.52 Thu 08:43 12.04 02.14 0.94 21.01 12.26 14.37 0.89 4 Sun 10:03 03.44 0.4122.21 12.65 16:05 5 09:30 12.11 03:02 0.85 21:48 12.27 15:25 0.88 5 Mon 12.21 04:32 0.55 23:08 12.21 0.76 Fri 10.49 16:52 Sat 10:18 11.99 03:52 0.86 22:36 12.08 16:13 0.97 6 Tue 11:34 11.61 05:17 0.89 23:54 11.51 17:36 1.15 Sun 11.06 11.68 04.43 0.98 23:26 17:05 1.16 7 Wed 06:01 1.36 12.21 10.85 18.22 11:55 11.20 05:35 1.19 17:57 8 Thu 00:42 10.71 06:49 1.87 13:12 10.10 19:15 2.15 Tue 00:17 11.20 06:28 1.47 12:49 10.67 18:55 1.70 9 Fri 01:37 9.96 07:43 2.38 14:13 9.53 20:19 2.60 1.77 10 Sat 9.44 08:55 10 Wed 01.13 10.69 07.28 13:47 10 21 19.57 1 99 02:44 2 7 5 15:26 9.32 21:38 2.75 16:44 08:31 2 0.5 14:54 9.95 21:05 2 19 11 Sun 04.019.32 10.10 2.73 9.59 22:44 2.50 11 Thu 02:16 10.28 09:36 12 Fri 03.24 10.07 2.20 16:04 9.97 22:08 2.20 12 Mon 05:18 9.68 11.12 2 38 17:48 10 19 23:41 2 07 17.09 13 Sat 10.10 10:37 2.18 10.25 23:08 2.06 10 25 18:39 10.79 12:05 04:33 13 Tue 06.16 1 9.5 14 Sun 05:37 10.33 11:36 2.02 18:06 10.63 14 Wed 07:03 10.74 00:28 1.68 19:23 11.21 12:47 1.63 1.78 15 Mon 06:31 10.63 00:02 1.83 18:54 10.99 12:25 15 Thu 07:43 11.05 01:07 1.46 20.01 11.43 13:24 1.47 16 Tue 07:17 10.89 00.46 1.62 19:38 11 25 13.06 1.61 16 Fri 11.21 01.43 1.35 20.35 11.52 13:59 1 42 17 Wed 07:59 11.07 01:24 1.48 20:17 1.52 17 Sat 08:52 11.28 02:18 1.31 21:07 11.53 14:32 1.41 18 Thu 08:38 11.15 02:02 1.43 20:55 14:17 1.51 18 Sun 09:22 11.31 02:51 21:37 11.48 15:04 1.42 11.41 1.29 19 Fri 09:13 11.11 02:36 1.42 21:29 11.30 14:51 1.55 19 Mon 09:50 11.25 03:23 1.32 22:07 11.30 15:34 1.48 20 Tue 20 Sat 09:47 10.97 22:01 11.09 15:23 10:20 11.02 03:55 22:37 10 91 03:10 1 47 1.64 1.43 16:05 1.65 21 Sun 10.17 10.76 03:44 1 57 22.34 10.79 15:55 1.76 21 Wed 10:49 10.59 04:25 1 66 23.08 10.38 16:35 1.92 1.70 23:06 22 Thu 22 Mon 10.48 10 45 04.1710.40 16.27 1 92 11.20 10.07 04:56 1 98 23:40 9 82 17.07 2 24 23 Tue 11:20 10.06 04:52 1.90 23:41 9.93 17:03 2.14 23 Fri 11:55 9.58 05:31 2.30 17:47 2.54 24 Wed 11:57 9.62 05:31 2.15 17:44 2.40 24 Sat 00:20 9.33 06:18 2.61 12:43 9.16 18:44 2.86 25 Thu 00.20 9.48 06:17 2.43 12:39 9.24 18:35 2.68 25 Sun 01:22 8 94 07:24 2.93 14.03 8.91 20:06 3.15 26 Fri 01:10 9.14 07:11 2.69 13:37 8.99 19:38 2.93 26 Mon 03:00 8.95 09:13 3.04 15:41 9.30 22:04 2.83 27 Sat 02:21 9.01 08:24 2.87 14:59 9.08 21:07 2.99 27 Tue 04:26 9.65 10:37 2.40 16:58 10.24 23:07 2.07 28 Sun 03:43 9.35 09:57 2.66 16:15 9.68 22:30 2.50 28 Wed 05:36 10.63 11:36 1.74 18:03 11.25 2.08 29 Thu 29 Mon 04:52 10.04 10:59 17:20 10.50 23:25 1.90 06:36 11.57 00:08 1.45 18:59 12.10 12:36 1.17 10.80 1.59 30 Tue 05:53 11:52 18:19 11.28 30 Fri 07:29 12.28 01:05 0.88 19:48 12.70 13:28 0.67

# Tide timetables for Weston-super-Mare

19:12 11.91 12:47

Weather conditions which differ from the average will have an effect on the differences between predicted and actual tide times.

06:51 11.48 00:20

Strong winds can hold the tide in or push the tide out. Air pressure can also cause fluctuations in predicted levels.

Tidal predictions for Weston-super-Mare have been computed by the Proudman Oceanographic Laboratory.

31 Sat

08:16

Copyright reserved.

www.n-somerset.gov.uk/tidetimes

12.74

01:54

#### Tide facts

Approximate high water times at: Clevedon: 10 min • Portishead: 18 min later than Weston-super-Mare.

20:34

13.06

14:15



0.32

# Where does your recycling go?

**Plastic** pollution can be reduced by recycling as much as possible and avoiding buying plastic which cannot be recycled.

In North Somerset all recyclable plastic is sorted and recycled in the UK.









Latest recycling calendars are available from

www.n-somerset.gov.uk/calendars